

Minimal Allergen 8 Meal : Flights from Japan



Premium Economy and Economy Class

1st MEAL			
Route	Photo	Menu	Ingredients
<North America / Canada> New York, Chicago, Boston, Seattle, Los Angeles, San Diego, San Francisco, Dallas, Vancouver		1) Grilled Pacific Ocean Perch	Grilled pacific ocean perch, Rapeseed oil, Starch(Sago palm), Salt, Glucose(Corn), Spices, Green onion
<Europe> London(except Night flights), Paris, Frankfurt, Helsinki, Moscow		2) Steamed Vegetables with Corn Soup Sauce	Broccoli, Carrot, Young corn, Sweet corn, Starch(Potato), Yeast extract, Salt, Vegetable extracts(Chinese cabbage), Bamboo extract, kelp extract, Beet sugar, Dextrin
<Australia / Southeast Asia> Sydney, Melbourne, Delhi, Bengaluru, Manila(include Night Flights), Hanoi, Ho Chi Minh City (include Night flights), Bangkok (except Night flights), Singapore (except Night flights), Kuala Lumpur, Jakarta		3) Sautéed Asparagus	Asparagus, Rapeseed oil, Salt, Black pepper
		4) Turmeric Rice	Rice, Rapeseed oil, Salt, Turmeric, Parsley, Root kelp powder
		5) Fresh garden salad	Lettuce, Red leaf lettuce, Cucumber, Tomato, Lemon
		6) Peach jelly	Peach Juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)
		7) Fresh Fruits	Melon, Pineapple, Grape fruit, Grape
		8) Yuzu Sorbet Exclude some airports	Sugar mixed high fructose corn syrup, Yuzu juice, Yuzu peel, Glucose, Powder syrup, Stabilizer
<Hawaii / Guam> Honolulu, Kona, Guam routes		1) Grilled Pacific Ocean Perch	Grilled pacific ocean perch, Rapeseed oil, Starch(Sago palm), Salt, Glucose(Corn), Spices, Green onion
<East Asia> Hong Kong, Guangzhou, Shanghai(Pudong, Hongqiao), Beijing, Tianjin, Dalian, Taipei(Taoyuan, Songshan), Kaohsiung		2) Steamed Vegetables with Corn Soup Sauce	Broccoli, Carrot, Young corn, Sweet corn, Starch(Potato), Yeast extract, Salt, Vegetable extracts(Chinese cabbage), Bamboo extract, kelp extract, Beet sugar, Dextrin
		3) Sautéed Asparagus	Asparagus, Rapeseed oil, Salt, Black pepper
		4) Turmeric Rice	Rice, Rapeseed oil, Salt, Turmeric, Parsley, Root kelp powder
		5) Fresh garden salad	Lettuce, Red leaf lettuce, Cucumber, Tomato, Lemon
		6) Peach jelly	Peach Juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)
<Korea> Seoul(Gimpo) Busan		1) Sorghum Brownie	Starch (Sago, Tapioca), Shortening (Palm), Raisins, Beet Sugar, White Sorghum, Cocoa Powder, Cocoa Mass, Salt, Trehalose, Ester (Foaming Agent), Baking Powder.
<Europe> Vladivostok		2) Pear jelly	Pear Juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid,
		3) Coconut salt cookie	Starch (Sago Palm (Domestic Production), Organic Shortening, Rice Flour, Quinoa Flour, Coconut, Organic Coconut Sugar, Organic Agave Sugar, Salt, Baking Powder
<Night flights> Bangkok(except from KANSAI), Singapore		1) Sorghum Brownie	Starch (Sago, Tapioca), Shortening (Palm), Raisins, Beet Sugar, White Sorghum, Cocoa Powder, Cocoa Mass, Salt, Trehalose, Ester (Foaming Agent), Baking Powder.
REFRESHMENT			
Route	Photo	Menu	Ingredients
<North America> New York, Chicago, Boston, Seattle, Los Angeles, San Diego, San Francisco, Dallas		1) Coconut salt cookie	Starch (Sago Palm (Domestic Production), Organic Shortening, Rice Flour, Quinoa Flour, Coconut, Organic Coconut Sugar, Organic Agave Sugar, Salt, Baking Powder
<Europe> London, Paris, Frankfurt, Helsinki			
<Australia / Southeast Asia> Sydney,, Kuala Lumpur, Jakarta, Bangkok (except from NAGOYA, Night flights), Singapore (except Night flights)			
2nd MEAL			
Route	Photo	Menu	Ingredients
<North America / Canada> New York, Chicago, Boston, Seattle, Los Angeles, San Diego, San Francisco, Dallas, Vancouver		1) Fried Pork with Sweet Vinegar Sauce	Pork, Rapeseed oil, Rice Powder, Starch(Tapioca), Ginger, Garlic, Salt, Caster Sugar, Yeast extract, Onion, "SHIITAKE" mushroom, Beet oligosaccharide, Kelp extract, "SHIITAKE" mushroom extract, Beet Sugar, Bamboo grass extract, Tomato Brewed vinegar (Grape, Sugarcane, Rice), Spices, Cooking "SAKE", Dextrin, Trehalose, Baking powder
<Europe> London(except Night flights), Paris, Frankfurt, Helsinki		2) Japanese Style Braised Vegetables	Taro, Lotus Root, Carrot, "SHIITAKE" mushroom, Yeast extract, Beet oligosaccharide, Salt, Kelp extract, "SHIITAKE" mushroom extract, Beet sugar, Starch(Tapioca), Trehalose
<Australia> Sydney, Melbourne		3) Sautéed Pumpkin	Pumpkin, Salt, Pepper
		4) Rice mixed with Japanese Mustard Spinach	Rice, Japanese mustard spinach, Yeast extract, Beet oligosaccharide, Salt, Kelp extract, "SHIITAKE" mushroom extract, Beet sugar, Rapeseed oil, Ginger, Starch degradation product, Sardine, Bonito, Garlic, Root kelp powder, Trehalose
		5) Fresh garden salad	Lettuce, Red leaf lettuce, Cucumber, Tomato, Lemon
		6) Pear jelly	Pear Juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)
<Europe> Moscow		1) Sorghum Brownie	Starch (Sago, Tapioca), Shortening (Palm), Raisins, Beet Sugar, White Sorghum, Cocoa Powder, Cocoa Mass, Salt, Trehalose, Ester (Foaming Agent), Baking Powder.
<Southeast Asia> Delhi, Bengaluru		2) Pear jelly	Pear Juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)
		3) Coconut salt cookie	Starch (Sago Palm (Domestic Production), Organic Shortening, Rice Flour, Quinoa Flour, Coconut, Organic Coconut Sugar, Organic Agave Sugar, Salt, Baking Powder
<Hawaii> Honolulu, Kona		1) Sorghum Brownie	Starch (Sago, Tapioca), Shortening (Palm), Raisins, Beet Sugar, White Sorghum, Cocoa Powder, Cocoa Mass, Salt, Trehalose, Ester (Foaming Agent), Baking Powder.
<Night flights - from Haneda> London, Bangkok, Singapore		1) Grilled Pacific Ocean Perch	Grilled pacific ocean perch, Rapeseed oil, Starch(Sago palm), Salt, Glucose(Corn), Spices, Green onion
<Night flights - from Kansai> Bangkok		2) Steamed Vegetables with Corn Soup Sauce	Broccoli, Carrot, Young corn, Sweet corn, Starch(Potato), Yeast extract, Salt, Vegetable extracts(Chinese cabbage), Bamboo extract, kelp extract, Beet sugar, Dextrin
		3) Sautéed Asparagus	Asparagus, Rapeseed oil, Salt, Black pepper
		4) Turmeric Rice	Rice, Rapeseed oil, Salt, Turmeric, Parsley, Root kelp powder
		5) Fresh garden salad	Lettuce, Red leaf lettuce, Cucumber, Tomato, Lemon
		6) Peach jelly	Peach Juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)
		7) Fresh Fruits (London routes only)	Melon, Pineapple, Grape fruit, Grape

※There may be variations in the types of containers.