

# Minimal Allergen 8 Meal : Flights from Japan

## Premium Economy and Economy Class



1st MEAL			
Route	Photo	Menu	Ingredients
<p>&lt;North America/ Canada&gt; New York, Chicago, Boston, Seattle, Los Angeles, San Diego, San Francisco, Dallas, Vancouver</p> <p>&lt;Europe&gt; London(except Night flights), Paris, Frankfurt, Helsinki, Moscow</p> <p>&lt;Australia / Southeast Asia&gt; Sydney, Melbourne, Delhi, Bengaluru, Manila(include Night Flights),Hanoi, Ho Chi Minh City (include Night flights), Bangkok (except Night flights), Singapore (except Night flights), Kuala Lumpur, Jakarta</p>		<p>1)Porkballs with Tomato Sauce</p> <p>2)Simmered Potato in Western Style</p> <p>3)Sauteed Asparagus</p> <p>4)Turmeric Rice</p> <p>5)Fresh garden salad</p> <p>6)Peach jelly</p> <p>7)Fresh Fruits</p> <p>8) Yuzu Sorbet Exclude some airports</p>	<p>Pork, Onion, Carrot, Tomato, Sugar(Beet sugar, Caster sugar), High fructose corn syrup, Brewed vinegar(Grape, Sugarcane), Garlic, Yeast extract, Salt, Onion ex-tract, Spices, Beet syrup, Starch(Sago), Starch(Potato)</p> <p>Potato, Onion, Carrot, Salt, Palm oil, Leek, Tomato, Yeast extract, Spices, Herb(Parsley, Celery), Glucose(Corn), Welsh onion, Beet sugar, Cornstarch</p> <p>Asparagus, Rapeseed oil, Salt, Black pepper</p> <p>Rice, Rapeseed oil, Salt, Turmeric, Parsley, Root kelp powder</p> <p>Lettuce, Red leaf lettuce, Cucumber, Tomato, Lemon</p> <p>Peach juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)</p> <p>Melon, Pineapple, Grape fruit, Grape</p> <p>Sugar mixed high fructose corn syrup, Yuzu juice, Yuzu peel, Glucose, Powder syrup, Stabilizer</p>
<p>&lt;Hawaii / Guam&gt; Honolulu, Kona, Guam routes</p> <p>&lt;East Asia&gt; Hong Kong, Guangzhou, Shanghai(Pudong, Hongqiao), Beijing, Tianjin, Dalian, Taipei(Taoyuan, Songshan), Kaohsiung</p>		<p>1)Porkballs with Tomato Sauce</p> <p>2)Simmered Potato in Western Style</p> <p>3)Sauteed Asparagus</p> <p>4)Turmeric Rice</p> <p>5)Fresh garden salad</p> <p>6)Peach jelly</p>	<p>Pork, Onion, Carrot, Tomato, Sugar(Beet sugar, Caster sugar), High fructose corn syrup, Brewed vinegar(Grape, Sugarcane), Garlic, Yeast extract, Salt, Onion ex-tract, Spices, Beet syrup, Starch(Sago), Starch(Potato)</p> <p>Potato, Onion, Carrot, Salt, Palm oil, Leek, Tomato, Yeast extract, Spices, Herb(Parsley, Celery), Glucose(Corn), Welsh onion, Beet sugar, Cornstarch</p> <p>Asparagus, Rapeseed oil, Salt, Black pepper</p> <p>Rice, Rapeseed oil, Salt, Turmeric, Parsley, Root kelp powder</p> <p>Lettuce, Red leaf lettuce, Cucumber, Tomato, Lemon</p> <p>Peach juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)</p>
<p>&lt;Korea&gt; Seoul(Gimpo) Busan</p> <p>&lt;Europe&gt; Vladivostok</p>		<p>1)Sorghum Brownie</p> <p>2)Pear jelly</p> <p>3)Coconut salt cookie</p>	<p>Sorghum, Coconut, Cocoa Powder, Cocoa Mass, Salt, Trehalose, Ester (Foaming Agent), Baking Powder</p> <p>Pear Juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid,</p> <p>Starch (Sago Palm (Domestic Production), Organic Shortening, Rice Flour, Quinoa Flour, Coconut, Organic Coconut Sugar, Organic Agave Sugar, Salt, Baking Powder)</p>
<p>&lt;Night flights&gt; Bangkok(except from KANSAI), Singapore</p>		<p>1)Sorghum Brownie</p>	<p>Starch (Sago, Tapioca), Shortening (Palm), Raisins, Beet Sugar, White Sorghum, Cocoa Powder, Cocoa Mass, Salt, Trehalose, Ester (Foaming Agent), Baking Powder.</p>
REFRESHMENT			
Route	Photo	Menu	Ingredients
<p>&lt;North America&gt; New York, Chicago, Boston, Seattle, Los Angeles, San Diego, San Francisco, Dallas</p> <p>&lt;Europe&gt; London, Paris, Frankfurt, Helsinki</p> <p>&lt;Australia / Southeast Asia&gt; Sydney, Kuala Lumpur, Jakarta, Bangkok (except from NAGOYA, Night flights), Singapore (except Night flights)</p>		<p>1)Coconut salt cookie</p>	<p>Starch (Sago Palm (Domestic Production), Organic Shortening, Rice Flour, Quinoa Flour, Coconut, Organic Coconut Sugar, Organic Agave Sugar, Salt, Baking Powder)</p>
2nd MEAL			
Route	Photo	Menu	Ingredients
<p>&lt;North America/ Canada&gt; New York, Chicago, Boston, Seattle, Los Angeles, San Diego, San Francisco, Dallas, Vancouver</p> <p>&lt;Europe&gt; London(except Night flights), Paris, Frankfurt, Helsinki</p> <p>&lt;Australia&gt; Sydney, Melbourne</p>		<p>1)Fried Pork with Sweet Vinegar Sauce</p> <p>2)Japanese Style Braised Vegetables</p> <p>3)Sauteed Pumpkin</p> <p>4)Rice mixed with Japanese Mustard Spinach</p> <p>5)Fresh garden salad</p> <p>6)Pear jelly</p>	<p>Pork, Rapeseed oil, Rice Powder, Starch(Tapioca), Ginger, Garlic, Salt, Caster Sugar, Yeast extract, Onion, "SHIITAKE" mushroom, Beet oligosaccharide, Kelp extract, "SHIITAKE" mushroom extract, Beet Sugar, Bamboo grass extract, Tomato Brewed vinegar (Grape, Sugarcane, Rice), Spices, Cooking "SAKE", Dextrin, Trehalose, Baking powder</p> <p>Taro, Lotus Root, Carrot, "SHIITAKE" mushroom, Yeast extract, Beet oligosaccharide, Salt, Kelp extract, "SHIITAKE" mushroom extract, Beet sugar, Starch(Tapioca), Trehalose</p> <p>Pumpkin, Salt, Pepper</p> <p>Rice, Japanese mustard spinach, Yeast extract, Beet oligosaccharide, Salt, Kelp extract, "SHIITAKE" mushroom extract, Beet sugar, Rapeseed oil, Ginger, Starch degradation product, Sardine, Bonito, Garlic, Root kelp powder, Trehalose</p> <p>Lettuce, Red leaf lettuce, Cucumber, Tomato, Lemon</p> <p>Pear Juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)</p>
<p>&lt;Europe&gt; Moscow</p> <p>&lt;Southeast Asia&gt; Delhi, Bengaluru</p>		<p>1)Sorghum Brownie</p> <p>2)Pear jelly</p> <p>3)Coconut salt cookie</p>	<p>Starch (Sago, Tapioca), Shortening (Palm), Raisins, Beet Sugar, White Sorghum, Cocoa Powder, Cocoa Mass, Salt, Trehalose, Ester (Foaming Agent), Baking Powder.</p> <p>Pear Juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)</p> <p>Starch (Sago Palm (Domestic Production), Organic Shortening, Rice Flour, Quinoa Flour, Coconut, Organic Coconut Sugar, Organic Agave Sugar, Salt, Baking Powder)</p>
<p>&lt;Hawaii&gt; Honolulu, Kona</p>		<p>1)Sorghum Brownie</p>	<p>Starch (Sago, Tapioca), Shortening (Palm), Raisins, Beet Sugar, White Sorghum, Cocoa Powder, Cocoa Mass, Salt, Trehalose, Ester (Foaming Agent), Baking Powder.</p>
<p>&lt;Night flights - from Haneda&gt; London, Bangkok, Singapore</p> <p>&lt;Night flights - from Kansai&gt; Bangkok</p>		<p>1)Porkballs with Tomato Sauce</p> <p>2)Simmered Potato in Western Style</p> <p>3)Sauteed Asparagus</p> <p>4)Turmeric Rice</p> <p>5)Fresh garden salad</p> <p>6)Peach jelly</p> <p>7)Fresh Fruits (London routesonly)</p>	<p>Pork, Onion, Carrot, Tomato, Sugar(Beet sugar, Caster sugar), High fructose corn syrup, Brewed vinegar(Grape, Sugarcane), Garlic, Yeast extract, Salt, Onion ex-tract, Spices, Beet syrup, Starch(Sago), Starch(Potato)</p> <p>Potato, Onion, Carrot, Salt, Palm oil, Leek, Tomato, Yeast extract, Spices, Herb(Parsley, Celery), Glucose(Corn), Welsh onion, Beet sugar, Cornstarch</p> <p>Asparagus, Rapeseed oil, Salt, Black pepper</p> <p>Rice, Rapeseed oil, Salt, Turmeric, Parsley, Root kelp powder</p> <p>Lettuce, Red leaf lettuce, Cucumber, Tomato, Lemon</p> <p>Peach juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)</p> <p>Melon, Pineapple, Grape fruit, Grape</p>

※There may be variations in the types of containers.