

Minimal Allergen 7 Meal : Flights from Japan

Premium Economy and Economy Class



1st MEAL			
Route	Photo	Menu	Ingredients
<p><North America/ Canada> New York, Chicago, Boston, Seattle, Los Angeles, San Diego, San Francisco, Dallas, Vancouver</p> <p><Europe> London(except Night flights), Paris, Frankfurt, Helsinki, Moscow</p> <p><Australia / Southeast Asia> Sydney, Melbourne, Delhi, Bengaluru, Manila(include Night Flights),Hanoi, Ho Chi Minh City (include Night flights), Bangkok (except Night flights), Singapore (except Night flights), Kuala Lumpur, Jakarta</p>		1)Hamburg with Tomato Sauce	Pork, Onion, Rapeseed oil, Starch(Sago palm, Tapioca), Tomato, Sugars(Beet Sugar, Caster sugar, High fructose corn syrup), Brewed vinegar (Grape, Sugarcane), Vegetables (Tomato, Onion, Carrot, Garlic), Yeast extract, Salt, Onion extract, Spices, Beet syrup, Thickener (Processing starch)
		2)Steamed Vegetables with Corn Soup Sauce	Broccoli, Carrot, Young corn, Sweet corn, Starch(Potato), Yeast extract, Salt, Vegetable extracts(Chinese cabbage), Bamboo extract, kelp extract, Beet sugar, Dextrin
		3)Sauteed Asparagus	Asparagus, Rapeseed oil, Salt, Black pepper
		4)Turmeric Rice	Rice, Rapeseed oil, Salt, Turmeric, Parsley, Root kelp powder
		5)Fresh garden salad	Lettuce, Sunny lettuce, Cucumber, Tomato, Lemon
		6)Peach jelly	Peach juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)
		7)Fresh Fruits	Melon, Pineapple, Grape fruit, Grape
		8) Yuzu Sorbet Exclude some airports	Sugar mixed high fructose corn syrup, Yuzu juice, Yuzu peel, Glucose, Powder syrup, Stabilizer
<p><Hawaii / Guam> Honolulu, Kona, Guam</p> <p><East Asia> Hong Kong, Guangzhou, Shanghai(Pudong, Hongqiao), Beijing, Tianjin, Dalian, Taipei(Taoyuan, Songshan), Kaohsiung</p>		1)Hamburg with Tomato Sauce	Pork, Onion, Rapeseed oil, Starch(Sago palm, Tapioca), Tomato, Sugars(Beet Sugar, Caster sugar, High fructose corn syrup), Brewed vinegar (Grape, Sugarcane), Vegetables (Tomato, Onion, Carrot, Garlic), Yeast extract, Salt, Onion extract, Spices, Beet syrup, Thickener (Processing starch)
		2)Steamed Vegetables with Corn Soup Sauce	Broccoli, Carrot, Young corn, Sweet corn, Starch(Potato), Yeast extract, Salt, Vegetable extracts(Chinese cabbage), Bamboo extract, kelp extract, Beet sugar, Dextrin
		3)Sauteed Asparagus	Asparagus, Rapeseed oil, Salt, Black pepper
		4)Turmeric Rice	Rice, Rapeseed oil, Salt, Turmeric, Parsley, Root kelp powder
		5)Fresh garden salad	Lettuce, Sunny lettuce, Cucumber, Tomato, Lemon
		6)Peach jelly	Peach juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)
		7)Tapioca Bread with Raisins	Shortening (Palm), White-sorghum powder, Beet sugar, Raisins, Salt, Starch (Sago palm, Tapioca), Trehalose, Foaming agent, Baking powder.
		8) Pear jelly	Pear juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Beet sugar, Rapeseed oil, Sweet potato powder, Maple sugar, Salt, Starch (Sago palm), Baking soda.
<p><Korea> Seoul(Gimpo) , Busan</p> <p><Europe> Vladivostok</p>		1)Tapioca Bread with Raisins	Shortening (Palm), White-sorghum powder, Beet sugar, Raisins, Salt, Starch (Sago palm, Tapioca), Trehalose, Foaming agent, Baking powder.
		2)Pear jelly	Pear juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Beet sugar, Rapeseed oil, Sweet potato powder, Maple sugar, Salt, Starch (Sago palm), Baking soda.
<p><Night flights> Bangkok(except from KANSAI), Singapore</p>		1)Tapioca Bread with Raisins	Shortening (Palm), White-sorghum powder, Beet sugar, Raisins, Salt, Starch (Sago palm, Tapioca), Trehalose, Foaming agent, Baking powder.
REFRESHMENT			
Route	Photo	Menu	Ingredients
<p><North America> New York, Chicago, Boston, Seattle, Los Angeles, San Diego, San Francisco, Dallas</p> <p><Europe> London, Paris, Frankfurt, Helsinki</p> <p><Australia / Southeast Asia> Sydney, Kuala Lumpur, Jakarta, Bangkok (except from NAGOYA, Night flights), Singapore (except Night flights)</p>		1)Sweet potato cookie	Beet sugar, Rapeseed oil, Sweet potato powder, Maple sugar, Salt, Starch (Sago palm), Baking soda.
2nd MEAL			
Route	Photo	Menu	Ingredients
<p><North America/ Canada> New York, Chicago, Boston, Seattle, Los Angeles, San Diego, San Francisco, Dallas, Vancouver</p> <p><Europe> London(except Night flights), Paris, Frankfurt, Helsinki</p> <p><Australia> Sydney, Melbourne</p>		1)Fried Pork with YUZU Vinegar Sauce	Pork, Rapeseed oil, Rice powder, Tapioca starch, Ginger, Garlic, Salt, Caster Sugar, Yeast extract, Onion, Shiitake mushroom, Black pepper, Mirin(Rice, Malted Rice , Salt), Beet oligosaccharide, Salt, Kelp extract, Shiitake mushroom extract, Beet Sugar, Yuzu fruit juice, Root kelp powder, Dextrin, Trehalose, Baking powder
		2)Simmered Potato in Japanese Style	Potato, Onion, Carrot, Yeast extract, Beet oligosaccharide, Kelp extract, Shiitake mushroom extract, Beet sugar, Salt, Bamboo extract, Trehalose
		3)Sauteed Shimeji Mushroom	Shimeji mushroom , Rapeseed oil , Salt, Black pepper
		4)Rice in Ginger Flavor	Rice, Potherb mustard , Yeast extract, Beet oligosaccharide, Kelp extract, Shiitake mushroom extract, Ginger, Beet Sugar, Mirin(Rice, Malted Rice , Salt), Salt, Glucose, Dried bonito powder, Shiitake mushroom powder, Kelp powder, Root kelp powder, Trehalose
		5)Fresh garden salad	Lettuce, Sunny lettuce, Cucumber, Tomato, Lemon
		6)Pear jelly	Pear juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)
<p><Europe> Moscow</p> <p><Southeast Asia> Delhi, Bengaluru</p>		1)Tapioca Bread with Raisins	Shortening (Palm), White-sorghum powder, Beet sugar, Raisins, Salt, Starch (Sago palm, Tapioca), Trehalose, Foaming agent, Baking powder.
		2)Pear jelly	Pear juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)
		3)Sweet potato cookie	Beet sugar, Rapeseed oil, Sweet potato powder, Maple sugar, Salt, Starch (Sago palm), Baking soda.
<p><Hawaii> Honolulu, Kona</p>		1)Tapioca Bread with Raisins	Shortening (Palm), White-sorghum powder, Beet sugar, Raisins, Salt, Starch (Sago palm, Tapioca), Trehalose, Foaming agent, Baking powder.
<p><Night flights - from Haneda> London, Bangkok, Singapore</p> <p><Night flights - from Kansai> Bangkok</p>		1)Hamburg with Tomato Sauce	Pork, Onion, Rapeseed oil, Starch(Sago palm, Tapioca), Tomato, Sugars(Beet Sugar, Caster sugar, High fructose corn syrup), Brewed vinegar (Grape, Sugarcane), Vegetables (Tomato, Onion, Carrot, Garlic), Yeast extract, Salt, Onion extract, Spices, Beet syrup, Thickener (Processing starch)
		2)Steamed Vegetables with Corn Soup Sauce	Broccoli, Carrot, Young corn, Sweet corn, Starch(Potato), Yeast extract, Salt, Vegetable extracts(Chinese cabbage), Bamboo extract, kelp extract, Beet sugar, Dextrin
		3)Sauteed Asparagus	Asparagus, Rapeseed oil, Salt, Black pepper
		4)Turmeric Rice	Rice, Rapeseed oil, Salt, Turmeric, Parsley, Root kelp powder
		5)Fresh garden salad	Lettuce, Sunny lettuce, Cucumber, Tomato, Lemon
		6)Peach jelly	Peach juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)
		7)Fresh Fruits(London routesonly)	Melon, Pineapple, Grape fruit, Grape

※There may be variations in the types of containers.