

# Minimal Allergen 28 Meal : Flights from Japan



## Premium Economy and Economy Class

1st MEAL			
Route	Photo	Menu	Ingredients
<North America/ Canada> New York, Chicago, Boston, Seattle, Los Angeles, San Diego, San Francisco, Dallas, Vancouver  <Europe/Middle East> London(except Night flights), Paris, Frankfurt, Helsinki, Moscow, Doha  <Australia / Southeast Asia> Sydney, Melbourne, Delhi, Bengaluru, Manila(include Night Flights),Hanoi, Ho Chi Minh City (include Night flights), Bangkok (except Night flights), Singapore (except Night flights), Kuala Lumpur, Jakarta		1)Grilled Pacific Ocean Perch in Curry Flavor	Pacific Ocean Perch, Glucose(Corn),Salt, Yeast extract, Curry Powder, Spices, Dried Bonito Powder, Kelp Powder, Rapeseed oil, Starch(Sago), Starch(Potato)
		2)Simmered Potato in Western Style	Potato, Onion, Carrot, Salt, Palm Oil, Leek, Tomato, Yeast extract, Spices, Herb(Parsley, Celery), Glucose(Corn), Welsh onion, Beet sugar, Cornstarch
		3)Sauteed Asparagus	Asparagus, Rapeseed oil, Salt, Black pepper
		4)Turmeric Rice	Rice, Rapeseed oil, Salt, Turmeric, Parsley, Root kelp powder
		5)Fresh garden salad	Lettuce, Red leaf lettuce, Cucumber, Tomato, Lemon
		6)Green grape jelly	Grape juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring.
		7)Fresh Fruits	Melon, Pineapple, Grape fruit, Grape
		8) Yuzu Sorbet Exclude some airports	Sugar mixed high fructose corn syrup, Yuzu juice, Yuzu peel, Glucose, Powder syrup, Stabilizer
<Hawaii / Guam> Honolulu, Kona, Guam  <East Asia> Hong Kong, Guangzhou, Shanghai(Pudong, Hongqiao), Beijing, Tianjin, Dalian, Taipei(Taoyuan, Songshan), Kaohsiung		1)Grilled Pacific Ocean Perch in Curry Flavor	Pacific Ocean Perch, Glucose(Corn),Salt, Yeast extract, Curry Powder, Spices, Dried Bonito Powder, Kelp Powder, Rapeseed oil, Starch(Sago), Starch(Potato)
		2)Simmered Potato in Western Style	Potato, Onion, Carrot, Salt, Palm Oil, Leek, Tomato, Yeast extract, Spices, Herb(Parsley, Celery), Glucose(Corn), Welsh onion, Beet sugar, Cornstarch
		3)Sauteed Asparagus	Asparagus, Rapeseed oil, Salt, Black pepper
		4)Turmeric Rice	Rice, Rapeseed oil, Salt, Turmeric, Parsley, Root kelp powder
		5)Fresh garden salad	Lettuce, Red leaf lettuce, Cucumber, Tomato, Lemon
		6)Green grape jelly	Grape juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring.
<Korea> Seoul(Gimpo), Busan  <Europe> Vladivostok		1)Sorghum Brownie	Starch (Sago, Tapioca),Shortening (Palm),Raisins,Beet Sugar, White Sorghum, Cocoa Powder,Cocoa Mass,Salt,Trehalose,Ester (Foaming Agent),Baking Powder.
		2)Pear jelly	Pear juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)
		3)Coconut salt cookie	Starch (Sago Palm (Domestic Production),Organic Shortening,Rice Flour,Quinoa Flour,Coconut,Organic Coconut Sugar,Organic Agave Sugar,Salt,Baking Powder
<Night flights> Bangkok(except from KANSJ), Singapore		1)Sorghum Brownie	Starch (Sago, Tapioca),Shortening (Palm),Raisins,Beet Sugar, White Sorghum, Cocoa Powder,Cocoa Mass,Salt,Trehalose,Ester (Foaming Agent),Baking Powder.
REFRESHMENT			
Route	Photo	Menu	Ingredients
<North America> New York, Chicago, Boston, Seattle, Los Angeles, San Diego, San Francisco, Dallas  < Europe/ Middle East> London, Paris, Frankfurt, Helsinki, Doha  <Australia / Southeast Asia> Sydney, Kuala Lumpur, Jakarta Bangkok (except from NAGOYA, Night flights), Singapore (except Night flights)		1)Coconut salt cookie	Starch (Sago Palm (Domestic Production),Organic Shortening,Rice Flour,Quinoa Flour,Coconut,Organic Coconut Sugar,Organic Agave Sugar,Salt,Baking Powder
2nd MEAL			
Route	Photo	Menu	Ingredients
<North America/ Canada> New York, Chicago, Boston, Seattle, Los Angeles, San Diego, San Francisco, Dallas, Vancouver  <Europe/Middle East> London(except Night flights), Paris, Frankfurt, Helsinki, Doha  <Australia> Sydney, Melbourne		1)Fried Cod in Salt Flavor	Cod, Rapeseed oil, Rice powder, Starch(Tapioca), Ginger, Garlic, Salt, Caster Sugar, Yeast extract, Onion, "SHIITAKE" mushroom, Spices, Trehalose, Baking powder
		2)Japanese Style Braised Vegetables	Taro, Lotus Root, Carrot, "SHIITAKE" mushroom, Yeast extract, Beet oligosaccharide, Salt, Kelp extract, "SHIITAKE" mushroom extract, Beet sugar, Starch(Tapioca), Trehalose
		3)Sauteed Pumpkin	Pumpkin, Salt, Pepper
		4)Rice mixed with Japanese Mustard Spinach	Rice, Japanese mustard spinach, Yeast extract, Beet oligosaccharide, Salt, Kelp extract, "SHIITAKE" mushroom extract, Beet sugar, Rapeseed oil, Ginger, Starch degradation product, Sardine, Bonito, Garlic, Root kelp powder, Trehalose
		5)Fresh garden salad	Lettuce, Red leaf lettuce, Cucumber, Tomato, Lemon
		6)Pear jelly	Pear juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)
<Europe> Moscow  <Southeast Asia> Delhi, Bengaluru		1)Sorghum Brownie	Starch (Sago, Tapioca),Shortening (Palm),Raisins,Beet Sugar, White Sorghum, Cocoa Powder,Cocoa Mass,Salt,Trehalose,Ester (Foaming Agent),Baking Powder.
		2)Pear jelly	Pear juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)
		3)Coconut salt cookie	Starch (Sago Palm (Domestic Production),Organic Shortening,Rice Flour,Quinoa Flour,Coconut,Organic Coconut Sugar,Organic Agave Sugar,Salt,Baking Powder
<Hawaii> Honolulu, Kona		1)Sorghum Brownie	Starch (Sago, Tapioca),Shortening (Palm),Raisins,Beet Sugar, White Sorghum, Cocoa Powder,Cocoa Mass,Salt,Trehalose,Ester (Foaming Agent),Baking Powder.
<Night flights - from Haneda> London,Bangkok, Singapore  <Night flights - from Kansai> Bangkok		1)Grilled Pacific Ocean Perch in Curry Flavor	Pacific Ocean Perch, Glucose(Corn),Salt, Yeast extract, Curry Powder, Spices, Dried Bonito Powder, Kelp Powder, Rapeseed oil, Starch(Sago), Starch(Potato)
		2)Simmered Potato in Western Style	Potato, Onion, Carrot, Salt, Palm Oil, Leek, Tomato, Yeast extract, Spices, Herb(Parsley, Celery), Glucose(Corn), Welsh onion, Beet sugar, Cornstarch
		3)Sauteed Asparagus	Asparagus, Rapeseed oil, Salt, Black pepper
		4)Turmeric Rice	Rice, Rapeseed oil, Salt, Turmeric, Parsley, Root kelp powder
		5)Fresh garden salad	Lettuce, Red leaf lettuce, Cucumber, Tomato, Lemon
		6)Green grape jelly	Grape juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring.
		7)Fresh Fruits (London routesonly)	Melon, Pineapple, Grape fruit, Grape

※ There may be variations in the types of containers.