

Minimal Allergen 8 Meal : Flights from Japan

First and Business Class



1st MEAL			
Route	Photo	Menu	Ingredients
<North America/ Canada> New York, Chicago, Boston, Seattle, Los Angeles, San Diego,San Francisco, Dallas, Vancouver <Europe> London(include Night flights), Paris, Frankfurt, Helsinki,DOH <Australia / Southeast Asia> Sydney, Melbourne,Delhi, Bengaluru, Hanoi, Kuala Lumpur, Jakarta Ho Chi Minh City (except Night flights), Bangkok (except Night flights), Singapore (except Night flights)		1)Grilled Pacific Ocean Perch	Grilled pacific ocean perch, Rapeseed oil, Starch(Sago palm), Salt, Glucose(Corn), Spices, Green onion
		2)Steamed Vegetables with Corn Soup Sauce	Broccoli, Carrot, Young corn, Sweet corn, Starch(Potato), Yeast extract, Salt, Vegetable extracts(Chinese cabbage), Bamboo extract, kelp extract, Beet sugar, Dextrin
		3)Sauteed Asparagus	Asparagus, Rapeseed oil, Salt, Black pepper
		4)Turmeric Rice	Rice, Rapeseed oil, Salt, Turmeric, Parsley, Root kelp powder
		5)Fresh garden salad	Lettuce, Red leaf lettuce, Cucumber, Tomato, Lemon
		6)Chocolate Lemon Mousse Cake	Coconut cream (coconut (Indonesia)), lemon, chocolate (sugar, cocoa mass, vegetable oil), beet sugar, cornstarch, sugar, white sorghum, palm oil, rice flour, salt / stabilizer (thickening polysaccharides), emulsifier, flavoring, antioxidant (anhydrous sulfurous acid), gelling agent (thickening polysaccharides), leavening agent
		7)Plain Cookies	Cornstarch (Japan), sugar, coconut cream (coconut), white sorghum, palm oil, rice flour, salt/antioxidant (sulfite anhydride), stabilizer (thickening polysaccharide), leavening agent, flavoring
		8)Fresh Fruits	Melon, Pineapple, Grape fruit, Grape
<Hawaii / Guam> Honolulu, Kona, Guam,Moscow,Vladivostok <Southeast Asia> Manila(include Night flights) <East Asia> Hong Kong, Guangzhou, Shanghai (Pudong, Hongqiao), Beijing, Tianjin, Dalian, Taipei(Taoyuan, Songshan), Kaohsiung, Seoul(Gimpo), Busan		1)Grilled Pacific Ocean Perch	Grilled pacific ocean perch, Rapeseed oil, Starch(Sago palm), Salt, Glucose(Corn), Spices, Green onion
		2)Steamed Vegetables with Corn Soup Sauce	Broccoli, Carrot, Young corn, Sweet corn, Starch(Potato), Yeast extract, Salt, Vegetable extracts(Chinese cabbage), Bamboo extract, kelp extract, Beet sugar, Dextrin
		3)Sauteed Asparagus	Asparagus, Rapeseed oil, Salt, Black pepper
		4)Turmeric Rice	Rice, Rapeseed oil, Salt, Turmeric, Parsley, Root kelp powder
		5)Fresh garden salad	Lettuce, Red leaf lettuce, Cucumber, Tomato, Lemon
		6)Chocolate Lemon Mousse Cake	Coconut cream (coconut (Indonesia)), lemon, chocolate (sugar, cocoa mass, vegetable oil), beet sugar, cornstarch, sugar, white sorghum, palm oil, rice flour, salt / stabilizer (thickening polysaccharides), emulsifier, flavoring, antioxidant (anhydrous sulfurous acid), gelling agent (thickening polysaccharides), leavening agent
		7)Plain Cookies	Cornstarch (Japan), sugar, coconut cream (coconut), white sorghum, palm oil, rice flour, salt/antioxidant (sulfite anhydride), stabilizer (thickening polysaccharide), leavening agent, flavoring
<Night flights> London		1)Cacao Madeleine	Beet sugar (Japan), rice oil processed food (rice bran oil, refined oils and fats, palm olein, fermented flavoring, olive oil, fermented rice, salt, processed oils and fats), rice flour, yeast drink (yeast extract powder, vegetable oils and fats, sugar, powdered caramel sauce, salt), white sorghum, cocoa butter, cocoa powder, chickpeas, maple syrup, potato protein food, salt/calcium carbonate, cellulose, antioxidants (vitamin C, tea extract), emulsifier, flavoring, calcium hydroxide, stabilizer (xanthan gum), leavening agent, baking soda
		2)Pear jelly	Pear juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)
		3)Plain Cookies	Cornstarch (Japan), sugar, coconut cream (coconut), white sorghum, palm oil, rice flour, salt/antioxidant (sulfite anhydride), stabilizer (thickening polysaccharide), leavening agent, flavoring
REFRESHMENT			
Route	Photo	Menu	Ingredients
<North America> New York, Chicago, Boston, Seattle, Los Angeles, San Diego, San Francisco, Dallas <Europe/Australia> London(except Night flights), Paris, Frankfurt, Helsinki Sydney,Doha <Night flights> Bangkok,Singapore Ho Chi Minh City		1)Cacao Madeleine	Beet sugar (Japan), rice oil processed food (rice bran oil, refined oils and fats, palm olein, fermented flavoring, olive oil, fermented rice, salt, processed oils and fats), rice flour, yeast drink (yeast extract powder, vegetable oils and fats, sugar, powdered caramel sauce, salt), white sorghum, cocoa butter, cocoa powder, chickpeas, maple syrup, potato protein food, salt/calcium carbonate, cellulose, antioxidants (vitamin C, tea extract), emulsifier, flavoring, calcium hydroxide, stabilizer (xanthan gum), leavening agent, baking soda
2nd MEAL			
Route	Photo	Menu	Ingredients
<North America/ Canada> New York, Chicago, Boston, Seattle, Los Angeles, San Diego, San Francisco, Dallas, Vancouver <Europe> London(except Night flights), Paris, Frankfurt, Helsinki,Doh <Australia> Sydney, Melbourne		1)Fried Pork with Sweet Vinegar Sauce	Pork, Rapeseed oil, Rice Powder, Starch(Tapioca), Ginger, Garlic, Salt, Caster Sugar, Yeast extract, Onion, "SHIITAKE" mushroom, Beet oligosaccharide,Kelp extract, "SHIITAKE" mushroom extract, Beet Sugar, Bamboo grass extract, Tomato Brewed vinegar (Grape, Sugarcane, Rice), Spices, Cooking "SAKE", Dextrin, Trehalose, Baking powder
		2)Japanese Style Braised Vegetables	Taro, Lotus Root, Carrot, "SHIITAKE" mushroom, Yeast extract, Beet oligosaccharide, Salt, Kelp extract, "SHIITAKE" mushroom extract, Beet sugar, Starch(Tapioca), Trehalose
		3)Sauteed Pumpkin	Pumpkin, Salt, Pepper
		4)Rice mixed with Japanese Mustard Spinach	Rice, Japanese mustard spinach, Yeast extract, Beet oligosaccharide, Salt, Kelp extract, "SHIITAKE" mushroom extract, Beet sugar, Rapeseed oil, Ginger, Starch degradation product, Sardine, Bonito, Garlic, Root kelp powder, Trehalose
		5)Fresh garden salad	Lettuce, Red leaf lettuce, Cucumber, Tomato, Lemon
		6)Pear jelly	Pear juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)
<Southeast Asia> Bangkok(except Night flights), Singapore(except Night flights), Kuala Lumpur, Jakarta		1)Cacao Madeleine	Beet sugar (Japan), rice oil processed food (rice bran oil, refined oils and fats, palm olein, fermented flavoring, olive oil, fermented rice, salt, processed oils and fats), rice flour, yeast drink (yeast extract powder, vegetable oils and fats, sugar, powdered caramel sauce, salt), white sorghum, cocoa butter, cocoa powder, chickpeas, maple syrup, potato protein food, salt/calcium carbonate, cellulose, antioxidants (vitamin C, tea extract), emulsifier, flavoring, calcium hydroxide, stabilizer (xanthan gum), leavening agent, baking soda
<Europe> Moscow <Hawaii> Honolulu, Kona <Southeast Asia> Delhi, Bengaluru		1)Sorghum Brownie	Starch (Sago, Tapioca),Shortening (Palm),Raisins,Beet Sugar, White Sorghum, Cocoa Powder,Cocoa Mass,Salt,Trehalose,Ester (Foaming Agent),Baking Powder
		2)Pear jelly	Pear juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)
		3)Coconut salt cookie	Starch (Sago Palm (Domestic Production),Organic Shortening,Rice Flour,Quinoa Flour,Coconut,Organic Coconut Sugar,Organic Agave Sugar,Salt,Baking Powder
<Night flights -from Haneda> Bangkok, Singapore, Ho Chi Minh City <Night flights - from Kansai> Bangkok		1)Grilled Pacific Ocean Perch	Grilled pacific ocean perch, Rapeseed oil, Starch(Sago palm), Salt, Glucose(Corn), Spices, Green onion
		2)Steamed Vegetables with Corn Soup Sauce	Broccoli, Carrot, Young corn, Sweet corn, Starch(Potato), Yeast extract, Salt, Vegetable extracts(Chinese cabbage), Bamboo extract, kelp extract, Beet sugar, Dextrin
		3)Sauteed Asparagus	Asparagus, Rapeseed oil, Salt, Black pepper
		4)Turmeric Rice	Rice, Rapeseed oil, Salt, Turmeric, Parsley, Root kelp powder
		5)Fresh garden salad	Lettuce, Red leaf lettuce, Cucumber, Tomato, Lemon
		6)Chocolate Lemon Mousse Cake	Coconut cream (coconut (Indonesia)), lemon, chocolate (sugar, cocoa mass, vegetable oil), beet sugar, cornstarch, sugar, white sorghum, palm oil, rice flour, salt / stabilizer (thickening polysaccharides), emulsifier, flavoring, antioxidant (anhydrous sulfurous acid), gelling agent (thickening polysaccharides), leavening agent
		7)Plain Cookies	Cornstarch (Japan), sugar, coconut cream (coconut), white sorghum, palm oil, rice flour, salt/antioxidant (sulfite anhydride), stabilizer (thickening polysaccharide), leavening agent, flavoring
		8)Fresh Fruits	Melon, Pineapple, Grape fruit, Grape

※There may be variations in the types of containers.