

Minimal Allergen 8 Meal : Flights from Japan

First and Business Class



1st MEAL			
Route	Photo	Menu	Ingredients
<North America/ Canada> New York, Chicago, Boston, Seattle, Los Angeles, San Diego,San Francisco, Dallas, Vancouver <Europe> London(except Night flights), Paris, Frankfurt, Helsinki, Moscow <Australia / Southeast Asia> Sydney, Melbourne,Delhi, Bengaluru, Hanoi, Kuala Lumpur, Jakarta Ho Chi Minh City (except Night flights), Bangkok (except Night flights), Singapore (except Night flights)		1)Porkballs with Tomato Sauce	Pork, Onion, Carrot, Tomato, Sugar(Beet sugar, Caster sugar), High fructose corn syrup, Brewed vinegar(Grape, Sugarcane), Garlic, Yeast extract, Salt, Onion ex-tract, Spices, Beet syrup, Starch(Sago), Starch(Potato)
		2)Simmered Potato in Western Style	Potato, Onion, Carrot, Salt, Palm oil, Leek, Tomato, Yeast extract, Spices, Herb(Parsley, Celery), Glucose(Corn), Welsh onion, Beet sugar, Cornstarch
		3)Sauteed Asparagus	Asparagus, Rapeseed oil, Salt, Black pepper
		4)Turmeric Rice	Rice, Rapeseed oil, Salt, Turmeric, Parsley, Root kelp powder
		5)Fresh garden salad	Lettuce, Sunny lettuce, Cucumber, Tomato, Lemon
		6)Peach jelly	Peach Juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)
		7)Coconut salt cookie	Starch (Sago Palm (Domestic Production),Organic Shortening,Rice Flour,Quinoa Flour,Coconut,Organic Coconut Sugar,Organic Agave Sugar,Salt,Baking Powder
		8)Fresh Fruits	Melon, Pineapple, Grape fruit, Grape
<Hawaii / Guam> Honolulu, Kona, Guam <Southeast Asia> Manila(include Night flights) <East Asia> Hong Kong, Guangzhou, Shanghai (Pudong, Hongqiao), Beijing, Tianjin, Dalian, Taipei(Taoyuan, Songshan), Kaohsiung, Seoul(Gimpo), Busan <Europe> Vladivostok		1)Porkballs with Tomato Sauce	Pork, Onion, Carrot, Tomato, Sugar(Beet sugar, Caster sugar), High fructose corn syrup, Brewed vinegar(Grape, Sugarcane), Garlic, Yeast extract, Salt, Onion ex-tract, Spices, Beet syrup, Starch(Sago), Starch(Potato)
		2)Simmered Potato in Western Style	Potato, Onion, Carrot, Salt, Palm oil, Leek, Tomato, Yeast extract, Spices, Herb(Parsley, Celery), Glucose(Corn), Welsh onion, Beet sugar, Cornstarch
		3)Sauteed Asparagus	Asparagus, Rapeseed oil, Salt, Black pepper
		4)Turmeric Rice	Rice, Rapeseed oil, Salt, Turmeric, Parsley, Root kelp powder
		5)Fresh garden salad	Lettuce, Sunny lettuce, Cucumber, Tomato, Lemon
		6)Peach jelly	Peach Juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)
		7)Coconut salt cookie	Starch (Sago Palm (Domestic Production),Organic Shortening,Rice Flour,Quinoa Flour,Coconut,Organic Coconut Sugar,Organic Agave Sugar,Salt,Baking Powder
		8)Fresh Fruits (Manila routesonly)	Melon, Pineapple, Grape fruit, Grape
<Night flights> London		1)Sorghum Brownie	Starch (Sago, Tapioca),Shortening (Palm),Raisins,Beet Sugar, White Sorghum, Cocoa Powder,Cocoa Mass,Salt,Trehalose,Ester (Foaming Agent),Baking
		2)Pear jelly	Pear juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)
		3)Coconut salt cookie	Starch (Sago Palm (Domestic Production),Organic Shortening,Rice Flour,Quinoa Flour,Coconut,Organic Coconut Sugar,Organic Agave Sugar,Salt,Baking Powder
REFRESHMENT			
Route	Photo	Menu	Ingredients
<North America> New York, Chicago, Boston, Seattle, Los Angeles, San Diego, San Francisco, Dallas <Europe/Australia> London(except Night flights), Paris, Frankfurt, Helsinki Sydney <Night flights> Bangkok,Singapore Ho Chi Minh City		1)Sorghum Brownie	Starch (Sago, Tapioca),Shortening (Palm),Raisins,Beet Sugar, White Sorghum, Cocoa Powder,Cocoa Mass,Salt,Trehalose,Ester (Foaming Agent),Baking Powder.
2nd MEAL			
Route	Photo	Menu	Ingredients
<North America/ Canada> New York, Chicago, Boston, Seattle, Los Angeles, San Diego, San Francisco, Dallas, Vancouver <Europe> London(except Night flights), Paris, Frankfurt, Helsinki <Australia> Sydney, Melbourne		1)Fried Pork with Sweet Vinegar Sauce	Pork, Rapeseed oil, Rice Powder, Starch(Tapioca), Ginger, Garlic, Salt, Caster Sugar, Yeast extract, Onion, "SHIITAKE" mushroom, Beet oligosaccharide, Kelp extract, "SHIITAKE" mushroom extract, Beet Sugar, Bamboo grass extract, Tomato Brewed vinegar (Grape, Sugarcane, Rice), Spices, Cooking "SAKE", Dextrin, Trehalose, Baking powder
		2)Japanese Style Braised Vegetables	Taro, Lotus Root, Carrot, "SHIITAKE" mushroom, Yeast extract, Beet oligosaccharide, Salt, Kelp extract, "SHIITAKE" mushroom extract, Beet sugar, Starch(Tapioca), Trehalose
		3)Sauteed Pumpkin	Pumpkin, Rapeseed oil, Salt, Pepper
		4)Rice mixed with Japanese Mustard Spinach	Rice, Japanese mustard spinach, Yeast extract, Beet oligosaccharide, Salt, Kelp extract, "SHIITAKE" mushroom extract, Beet sugar, Rapeseed oil, Ginger, Starch degradation product, Sardine, Bonito, Garlic,Root kelp powder, Trehalose
		5)Fresh garden salad	Lettuce, Sunny lettuce, Cucumber, Tomato, Lemon
		6)Pear jelly	Pear Juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)
<Southeast Asia> Bangkok(except Night flights), Singapore(except Night flights), Kuala Lumpur, Jakarta <Europe> Moscow <Hawaii> Honolulu, Kona <Southeast Asia> Delhi, Bengaluru		1)Sorghum Brownie	Starch (Sago, Tapioca),Shortening (Palm),Raisins,Beet Sugar, White Sorghum, Cocoa Powder,Cocoa Mass,Salt,Trehalose,Ester (Foaming Agent),Baking Powder.
		2)Pear jelly	Pear juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)
		3)Coconut salt cookie	Starch (Sago Palm (Domestic Production),Organic Shortening,Rice Flour,Quinoa Flour,Coconut,Organic Coconut Sugar,Organic Agave Sugar,Salt,Baking Powder
<Night flights -from Haneda> London, Bangkok, Singapore, Ho Chi Minh City <Night flights - from Kansai> Bangkok		1)Porkballs with Tomato Sauce	Pork, Onion, Carrot, Tomato, Sugar(Beet sugar, Caster sugar), High fructose corn syrup, Brewed vinegar(Grape, Sugarcane), Garlic, Yeast extract, Salt, Onion ex-tract, Spices, Beet syrup, Starch(Sago), Starch(Potato)
		2)Simmered Potato in Western Style	Potato, Onion, Carrot, Salt, Palm oil, Leek, Tomato, Yeast extract, Spices, Herb(Parsley, Celery), Glucose(Corn), Welsh onion, Beet sugar, Cornstarch
		3)Sauteed Asparagus	Asparagus, Rapeseed oil, Salt, Black pepper
		4)Turmeric Rice	Rice, Rapeseed oil, Salt, Turmeric, Parsley, Root kelp powder
		5)Fresh garden salad	Lettuce, Sunny lettuce, Cucumber, Tomato, Lemon
		6)Peach jelly	Peach Juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)
		7)Coconut salt cookie	Starch (Sago Palm (Domestic Production),Organic Shortening,Rice Flour,Quinoa Flour,Coconut,Organic Coconut Sugar,Organic Agave Sugar,Salt,Baking Powder
		8)Fresh Fruits	Melon, Pineapple, Grape fruit, Grape

※There may be variations in the types of containers.