

Minimal Allergen 28 Meal : Flights from Japan



First and Business Class

1st MEAL			
Route	Photo	Menu	Ingredients
<North America/ Canada> New York, Chicago, Boston, Seattle, Los Angeles, San Diego, San Francisco, Dallas, Vancouver <Europe/Middle East> London(except Night flights), Paris, Frankfurt, Helsinki, Moscow,Doha <Australia / Southeast Asia> Sydney, Melbourne,Delhi, Bengaluru, Hanoi, Kuala Lumpur, Jakarta Ho Chi Minh City (except Night flights), Bangkok (except Night flights), Singapore (except Night flights), Manila(include Night flights)		1)Grilled Pacific Ocean Perch	Grilled pacific ocean perch, Rapeseed oil, Starch(Sago palm), Salt, Glucose(Corn), Spices, Green onion
		2)Steamed Vegetables with Corn Soup Sauce	Broccoli, Carrot, Young corn, Sweet corn, Starch(Potato), Yeast extract, Salt, Vegetable extracts(Chinese cabbage), Bamboo extract, kelp extract, Beet sugar, Dextrin
		3)Sauteed Asparagus	Asparagus, Rapeseed oil, Salt, Black pepper
		4)Turmeric Rice	Rice, Rapeseed oil, Salt, Turmeric, Parsley, Root kelp powder
		5)Fresh garden salad	Lettuce, Sunny lettuce, Cucumber, Tomato, Lemon
		6)Green grape jelly	Grape juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring.
		7)Coconut salt cookie	Starch (Sago Palm (Domestic Production),Organic Shortening, Rice Flour, Quinoa Flour,Coconut,Organic Coconut Sugar, Organic Agave Sugar,Salt,Baking Powder
		8)Fresh Fruits	Melon, Pineapple, Grape fruit, Grape
<Hawaii / Guam> Honolulu, Kona, Guam <East Asia> Hong Kong, Guangzhou, Shanghai (Pudong, Hongqiao), Beijing, Tianjin, Dalian, Taipei(Taoyuan, Songshan), Kaohsiung, Seoul(Gimpo), Busan <Europe> Vladivostok		1)Grilled Pacific Ocean Perch	Grilled pacific ocean perch, Rapeseed oil, Starch(Sago palm), Salt, Glucose(Corn), Spices, Green onion
		2)Steamed Vegetables with Corn Soup Sauce	Broccoli, Carrot, Young corn, Sweet corn, Starch(Potato), Yeast extract, Salt, Vegetable extracts(Chinese cabbage), Bamboo extract, kelp extract, Beet sugar, Dextrin
		3)Sauteed Asparagus	Asparagus, Rapeseed oil, Salt, Black pepper
		4)Turmeric Rice	Rice, Rapeseed oil, Salt, Turmeric, Parsley, Root kelp powder
		5)Fresh garden salad	Lettuce, Sunny lettuce, Cucumber, Tomato, Lemon
		6)Green grape jelly	Grape juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring.
		7)Coconut salt cookie	Starch (Sago Palm (Domestic Production),Organic Shortening, Rice Flour, Quinoa Flour,Coconut,Organic Coconut Sugar, Organic Agave Sugar,Salt,Baking Powder
		8)Fresh Fruits (Manila routes only)	Melon, Pineapple, Grape fruit, Grape
<Night flights> London		1)Sorghum Brownie	Starch (Sago, Tapioca),Shortening (Palm),Raisins, Beet Sugar, White Sorghum, Cocoa Powder, Cocoa Mass,Salt,Trehalose,Ester (Foaming Agent),Baking Powder.
		2)Pear jelly	Pear juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)
		3)Coconut salt cookie	Starch (Sago Palm (Domestic Production),Organic Shortening, Rice Flour,Quinoa Flour,Coconut,Organic Coconut Sugar, Organic Agave Sugar,Salt,Baking Powder
REFRESHMENT			
Route	Photo	Menu	Ingredients
<North America> New York, Chicago, Boston, Seattle, Los Angeles, San Diego, San Francisco, Dallas <Europe/Australia/Middle East> London(except Night flights), Paris, Frankfurt, Helsinki Sydney, Doha <Night flights> Bangkok, Singapore Ho Chi Minh City		1)Sorghum Brownie	Starch (Sago, Tapioca),Shortening (Palm),Raisins, Beet Sugar, White Sorghum, Cocoa Powder, Cocoa Mass,Salt,Trehalose,Ester (Foaming Agent),Baking Powder.
2nd MEAL			
Route	Photo	Menu	Ingredients
<North America/ Canada> New York, Chicago, Boston, Seattle, Los Angeles, San Diego, San Francisco, Dallas, Vancouver <Europe//Middle East> London(except Night flights), Paris, Frankfurt, Helsinki, Doha <Australia> Sydney, Melbourne		1)Grilled Cod in Salt Flavor	Codfish, Malted Rice , Salt, Alcohol
		2)Simmered Potato in Japanese Style	Potato, Onion, Carrot, Yeast extract, Beet oligosaccharide, kelp extract, Shiitake mushroom extract, Beet sugar, Salt, Bamboo extract, Trehalose
		3)Sauteed Shimeji Mushroom	Shimeji mushroom , Rapeseed oil , Salt, Black pepper
		4)Rice in Ginger Flavor	Rice, Potherb mustard , Yeast extract, Beet oligosaccharide, Kelp extract, Shiitake mushroom extract, Ginger, Beet Sugar, Mirin (Rice, Malted Rice , Salt), Salt, Glucose, Dried bonito powder, Shiitake mushroom powder, Kelp powder, Root kelp powder, Trehalose
		5)Fresh garden salad	Lettuce, Sunny lettuce, Cucumber, Tomato, Lemon
		6)Pear jelly	Pear juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)
<Southeast Asia> Bangkok(except Night flights), Singapore(except Night flights), Kuala Lumpur, Jakarta <Europe> Moscow <Hawaii> Honolulu, Kona <Southeast Asia> Delhi, Bengaluru		1)Sorghum Brownie	Starch (Sago, Tapioca),Shortening (Palm),Raisins, Beet Sugar, White Sorghum, Cocoa Powder, Cocoa Mass,Salt,Trehalose,Ester (Foaming Agent),Baking Powder.
		2)Pear jelly	Pear juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)
		3)Coconut salt cookie	Starch (Sago Palm (Domestic Production),Organic Shortening, Rice Flour, Quinoa Flour,Coconut,Organic Coconut Sugar, Organic Agave Sugar,Salt,Baking Powder
<Night flights -from Haneda> London, Bangkok, Singapore, Ho Chi Minh City <Night flights - from Kansai> Bangkok		1)Grilled Pacific Ocean Perch	Grilled pacific ocean perch, Rapeseed oil, Starch(Sago palm), Salt, Glucose(Corn), Spices, Green onion
		2)Steamed Vegetables with Corn Soup Sauce	Broccoli, Carrot, Young corn, Sweet corn, Starch(Potato), Yeast extract, Salt, Vegetable extracts(Chinese cabbage), Bamboo extract, kelp extract, Beet sugar, Dextrin
		3)Sauteed Asparagus	Asparagus, Rapeseed oil, Salt, Black pepper
		4)Turmeric Rice	Rice, Rapeseed oil, Salt, Turmeric, Parsley, Root kelp powder
		5)Fresh garden salad	Lettuce, Sunny lettuce, Cucumber, Tomato, Lemon
		6)Green grape jelly	Grape juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring.
		7)Coconut salt cookie	Starch (Sago Palm (Domestic Production),Organic Shortening, Rice Flour, Quinoa Flour,Coconut,Organic Coconut Sugar, Organic Agave Sugar,Salt,Baking Powder
		8)Fresh Fruits	Melon, Pineapple, Grape fruit, Grape

※There may be variations in the types of containers.