

Minimal Allergen 28 Meal : Flights from Japan

First and Business Class



1st MEAL			
Route	Photo	Menu	Ingredients
<North America/ Canada> New York, Chicago, Boston, Seattle, Los Angeles, San Diego, San Francisco, Dallas, Vancouver <Europe/ Middle East> London(except Night flights), Paris, Frankfurt, Helsinki, Moscow, Doha <Australia / Southeast Asia> Sydney, Melbourne, Delhi, Bengaluru, Hanoi, Kuala Lumpur, Jakarta Ho Chi Minh City (except Night flights), Bangkok (except Night flights), Singapore (except Night flights)		1)Grilled Pacific Ocean Perch in Curry Flavor 2)Simmered Potato in Western Style 3)Sauteed Asparagus 4)Turmeric Rice 5)Fresh garden salad 6)Green grape jelly 7)Coconut salt cookie	Pacific Ocean Perch, Gulcose(Corn),Salt, Yeast extract, Curry Powder, Spices, Dried Bonito Powder, Kelp Powder, Rapeseed oil, Starch(Sago), Starch(Potato) Potato, Onion, Carrot, Salt, Palm Oil, Leek, Tomato, Yeast extract, Spices, Herb(Parsley, Celery), Glucose(Corn), Welsh onion, Beet sugar, Cornstarch Asparagus, Rapeseed oil, Salt, Black pepper Rice, Rapeseed oil, Salt, Turmeric, Parsley, Root kelp powder Lettuce, Sunny lettuce, Cucumber, Tomato, Lemon Grape juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring Starch (Sago Palm (Domestic Production),Organic Shortening,Rice Flour,Quinoa Flour,Coconut,Organic Coconut Sugar,Organic Agave Sugar,Salt,Baking Powder
<Hawaii / Guam> Honolulu, Kona, Guam <Southeast Asia> Manila(include Night flights) <East Asia> Hong Kong, Guangzhou, Shanghai (Pudong, Hongqiao), Beijing, Tianjin, Dalian, Taipei(Taoyuan, Songshan), Kaohsiung, Seoul(Gimpo), Busan <Europe> Vladivostok		1)Grilled Pacific Ocean Perch in Curry Flavor 2)Simmered Potato in Western Style 3)Sauteed Asparagus 4)Turmeric Rice 5)Fresh garden salad 6)Green grape jelly 7)Coconut salt cookie 8)Fresh Fruits (Manila routesonly)	Pacific Ocean Perch, Gulcose(Corn),Salt, Yeast extract, Curry Powder, Spices, Dried Bonito Powder, Kelp Powder, Rapeseed oil, Starch(Sago), Starch(Potato) Potato, Onion, Carrot, Salt, Palm Oil, Leek, Tomato, Yeast extract, Spices, Herb(Parsley, Celery), Glucose(Corn), Welsh onion, Beet sugar, Cornstarch Asparagus, Rapeseed oil, Salt, Black pepper Rice, Rapeseed oil, Salt, Turmeric, Parsley, Root kelp powder Lettuce, Sunny lettuce, Cucumber, Tomato, Lemon Grape juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring Starch (Sago Palm (Domestic Production),Organic Shortening,Rice Flour,Quinoa Flour,Coconut,Organic Coconut Sugar,Organic Agave Sugar,Salt,Baking Powder Melon, Pineapple, Grape fruit, Grape
<Night flights> London		1)Sorghum Brownie 2)Pear jelly 3)Coconut salt cookie	Starch (Sago, Tapioca),Shortening (Palm),Raisins,Beet Sugar, White Sorghum, Cocoa Powder,Cocoa Mass,Salt,Trehalose,Ester (Foaming Agent),Baking Powder. Pear juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C) Starch (Sago Palm (Domestic Production),Organic Shortening,Rice Flour,Quinoa Flour,Coconut,Organic Coconut Sugar,Organic Agave Sugar,Salt,Baking Powder
REFRESHMENT			
Route	Photo	Menu	Ingredients
<North America> New York, Chicago, Boston, Seattle, Los Angeles, San Diego, San Francisco, Dallas <Europe/Australia/ Middle East> London(except Night flights), Paris, Frankfurt, Helsinki/ Sydney, Doha <Night flights> Bangkok,Singapore Ho Chi Minh City		1)Sorghum Brownie	Starch (Sago, Tapioca),Shortening (Palm),Raisins,Beet Sugar, White Sorghum, Cocoa Powder,Cocoa Mass,Salt,Trehalose,Ester (Foaming Agent),Baking Powder.
2nd MEAL			
Route	Photo	Menu	Ingredients
<North America/ Canada> New York, Chicago, Boston, Seattle, Los Angeles, San Diego, San Francisco, Dallas, Vancouver <Europe/ Middle East> London(except Night flights), Paris, Frankfurt, Helsinki/ Doha <Australia> Sydney, Melbourne		1)Fried Cod in Salt Flavor 2)Japanese Style Braised Vegetables 3)Sauteed Pumpkin 4)Rice mixed with Japanese Mustard Spinach 5)Fresh garden salad 6)Pear jelly	Cod, Rapeseed oil, Rice powder, Starch(Tapioca), Ginger, Garlic, Salt, Caster Sugar, Yeast extract, Onion, "SHIITAKE" mushroom, Spices,Trehalose, Baking powder Taro, Lotus Root, Carrot, "SHIITAKE" mushroom, Yeast extract, Beet oligosaccharide, Salt, Kelp extract, "SHIITAKE" mushroom extract, Beet sugar, Starch(Tapioca), Trehalose Pumpkin, Rapeseed oil, Salt, Pepper Rice, Japanese mustard spinach, Yeast extract, Beet oligosaccharide, Salt, Kelp extract, "SHIITAKE" mushroom extract, Beet sugar, Rapeseed oil, Ginger, Starch degradation product, Sardine, Bonito, Garlic, Root kelp powder, Trehalose Lettuce, Sunny lettuce, Cucumber, Tomato, Lemon Pear juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)
<Southeast Asia> Bangkok(except Night flights), Singapore(except Night flights), Kuala Lumpur, Jakarta		1)Sorghum Brownie	Starch (Sago, Tapioca),Shortening (Palm),Raisins,Beet Sugar, White Sorghum, Cocoa Powder,Cocoa Mass,Salt,Trehalose,Ester (Foaming Agent),Baking Powder.
<Europe> Moscow <Hawaii> Honolulu, Kona <Southeast Asia> Delhi, Bengaluru		1)Sorghum Brownie 2)Pear jelly 3)Coconut salt cookie	Starch (Sago, Tapioca),Shortening (Palm),Raisins,Beet Sugar, White Sorghum, Cocoa Powder,Cocoa Mass,Salt,Trehalose,Ester (Foaming Agent),Baking Powder. Pear juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C) Starch (Sago Palm (Domestic Production),Organic Shortening,Rice Flour,Quinoa Flour,Coconut,Organic Coconut Sugar,Organic Agave Sugar,Salt,Baking Powder
<Night flights -from Haneda> London, Bangkok, Singapore, Ho Chi Minh City <Night flights - from Kansai> Bangkok		1)Grilled Pacific Ocean Perch in Curry Flavor 2)Simmered Potato in Western Style 3)Sauteed Asparagus 4)Turmeric Rice 5)Fresh garden salad 6)Green grape jelly 7)Coconut salt cookie 8)Fresh Fruits	Pacific Ocean Perch, Gulcose(Corn),Salt, Yeast extract, Curry Powder, Spices, Dried Bonito Powder, Kelp Powder, Rapeseed oil, Starch(Sago), Starch(Potato) Potato, Onion, Carrot, Salt, Palm Oil, Leek, Tomato, Yeast extract, Spices, Herb(Parsley, Celery), Glucose(Corn), Welsh onion, Beet sugar, Cornstarch Asparagus, Rapeseed oil, Salt, Black pepper Rice, Rapeseed oil, Salt, Turmeric, Parsley, Root kelp powder Lettuce, Sunny lettuce, Cucumber, Tomato, Lemon Grape juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring Starch (Sago Palm (Domestic Production),Organic Shortening,Rice Flour,Quinoa Flour,Coconut,Organic Coconut Sugar,Organic Agave Sugar,Salt,Baking Powder Melon, Pineapple, Grape fruit, Grape

※There may be variations in the types of containers.