

Spa Menu



BEAUTY

You're on vacation. It's time to treat yourself.

VIETNAMESE COFFEE SCRUB (30'')

Awaken the skin's natural beauty with this invigorating fresh coffee and brown sugar scrub. Removes dead skin cells, combats cellulite, deeply moisturizes, and gently nourishes to leave a more youthful glow. You'll also smell incredible!

REFRESHING PINEAPPLE SMOOTHIE WRAP (30'')

Combining the cleansing and healing properties of pineapple with the anti-ageing, skin protecting capability of papaya, this tropical fruit wrap is good enough to eat.

YOGURT, COCONUT & SALT WRAP (30'')

Salt to open the pores, coconut to nourish and moisturize, and yogurt to cleanse and tighten. This wrap is ideal for age repair, sun damage (ask for the yogurt only option), and for removing dead skin cells.

ALOE SUN SOOTHER (30'')

If you've spent a little too long in the sun's golden rays, this aloe vera and cucumber gel wrap is designed to decrease the skin's redness and ease any associated discomfort.

BODY SCULPTING THERAPY (30'')

This invigorating dry-rub massage uses a natural herb and mung bean powder to reduce cellulite, ease joint pain, increase mobility, and assist with weight loss.

HERBAL BATHS

RELAXING FLOWER BATH (30'')

Claming, romantic, and great at reducing stress while promoting a good night's sleep.

NOURISH MILK BATH (30'')

Deeply cleansing, muscle relaxing, and packed with natural antiseptics.

DETOX SLIMMING BATH (30'')

Draws harmful toxins to the skin's surface while assisting with respiratory problems and natural weight loss.

REVIVING HERBAL BATH (30'')

Uplifting, energizing, and deeply relaxing, filled with fresh and fragrant herbs and spices.



BEAUTIFUL FACE

With the dust, dirt, and pollution of the modern world, treat your face to some much-needed care and attention.

JADE ROLLER FACE LIFT (30'')

This nourishing facial, which harnesses the healing and chi-balancing effects of jade, is aimed at improving circulation, assisting with lymphatic drainage, and diminishing the appearance of fine lines.

REFRESH AND RECHARGE (30'')

Ideal for tired and dull skin, this deep-cleansing treatment uses shea butter, calendula, and horse chestnut to moisturize, refresh, and increase blood circulation.

SOOTHING AND REJUVENATING (50'')

Enjoy clear pores and refreshed, re-energized skin with this relaxing aloe-based facial mask. Ideal for combatting dryness, redness, and swelling.

BRIGHTENING (50'')

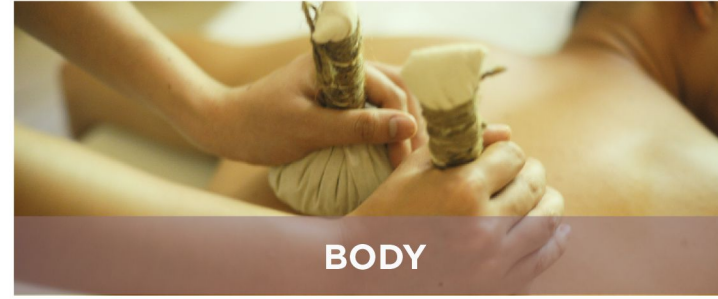
This multi-action mask is designed to revitalize, tighten, brighten, and nourish skin for a radiant glow. Recommended for those with uneven skin tones or hyper-pigmentation. Suitable for all skin types.

CAVIAR ANTI-AGEING (50'')

Give your face the V.I.P. treatment with this micro-emulsified mask made with shea butter and caviar extract. Packed with vitamins, this rejuvenating treatment is activated by the skin's natural warmth, penetrating quickly to deeply nourish and repair the signs of aging. Ideal for all mature skin types.

GENTLEMAN'S FACIAL (50'')

Specially designed for our male guests, this relaxing treatment specifically targets ingrown hairs and clogged pores through a gentle process of deep cleansing, steaming, exfoliation, and intense re-hydration. Mask options: sensitive / dry / oily / combination / acne.



BODY

From our Uplifting Pressure Therapy to the innovative Pressure Strech Massage, there's something here for everyone, each guaranteed to ease out the tension and soothe the strain of everyday life.

UPLIFTING PRESSURE THERAPY (50'')

Using long and deeply relaxing Swedish and Balinese strokes, this uplifting massage also incorporates acupressure and aromatherapy, blending a light touch with deep tissue work for a perfect mind and body pick-me-up.

MUSCLE TENSION RELEASE (50'')

Relieve muscle tension with long, gliding massage movements that warm and stretch the muscle fibers and stimulate the body's meridian lines. Perfect for unwinding and recovering after a long day, this massage will leave you feeling calm, revitalized, and tension free.

PRESSURE STRETCH MASSAGE (50'')

Also known as "passive stretch", the centuries-old techniques used in Thai massage mix strong pressure with yoga-like stretching, deeply relaxing and energizing the entire body.

HERBAL COMPRESS MASSAGE (30'')

Using poultices of warm rice and herbs, our therapists delivers a soothing, rhythmic massage that is relaxing and deeply nourishing for the skin, muscles, bones, and joints.

HEAD & SHOULDER RELIEF (30'')

Re-set your entire system in just 30 minutes. Enjoy improved sleep, reduced fatigue, relief from headaches, neck-ache, muscle pain, and stiffness, plus improved blood circulation.



MIND

What good is a healthy body without a healthy, clear, and centred mind? Our Signature Natural Living Aromatherapy massage is a great place to start, incorporating acupressure, reflexology, and dynamic energy work.

NATURAL LIVING AROMATHERAPY (50'')

This deeply relaxing aromatherapy signature massage combines the best of Eastern and Western massage traditions with the herbs of our customised Natural Living blends for Body, Mind and Spirit.

PINK SALT STONE THERAPY (50'')

Using smooth hand-carved pink Himalayan salt stones, this innovative massage therapy grounds and balances the body's electromagnetic field, central nervous system, and meridians.

TROPICAL FLOW THERAPY (50'')

Before a full-body massage, a specially prepared warm coconut and herb oil blend is poured over the lower back, stimulating the nerves while relieving pain and tension.

BAREFOOT HEALING MASSAGE (30'')

This unique massage is carried out on the floor of a specialised treatment room, using the feet and weight of the therapist for an intense, whole-body experience.

HIMALAYAN FOOT REFLEXOLOGY (50'')

For holistic balance and deep relaxation, this fascinating treatment provides physical and spiritual renewal using a reflexology wand carved from Himalayan salt.

HIMALAYAN HAND THERAPY (30'')

A form of reflexology in which key points on the hands are stimulated in order to reconnect any vital nerve endings left tired by modern-day technology.

With Fusion's unique all-spa inclusive service, guests are invited to enjoy daily spa treatments at no extra cost.



Congratulations! At this special time in your life, let us ease the strain of pregnancy with the following treatments, each designed with expectant moms and their precious cargo in mind. And be sure to tell your Fusionista that you're expecting, too. You deserve twice the amount of Fusion love!

BODY THERAPY (50'')

With gentle ingredients and a light touch, this inspirational therapy connects mother and baby through massage and movement, working with two heartbeats as one. Adapted to suit each stage of pregnancy, the careful positioning of pillows and supports ensures safety, comfort, and relaxation. Designed to relieve tension in the back and alleviate swelling in the hands and feet, this harmonious massage eases the mind and uplifts the spirit.

FOOT RELIEF (50'')

Ease the tension, reduce the swelling, and take the weight off with this specially designed foot treatment for expectant mothers, aimed at achieving deep relaxation through a combination of thumb, finger, and hand techniques.

LOTUS BODY POLISH (50'')

As well as smelling wonderful, the lotus is the national flower of Vietnam and is a sacred remedy known for treating numerous skin conditions while improving general well-being. Our specially designed body polish intensely hydrates and moisturizes the skin while removing dead skin cells. The result is a softer, smoother, younger, and more radiant complexion.

**Add on Facilities
Purifying Steam Bath or Sauna**

An immune boosting and detoxing therapy in our sauna or steam room infused with herbal healing oils for pristine purification.



SPA RESERVATIONS

- For your comfort, spa reservation requests can be made by dialing the **Spa** button on your in-room telephone, or by e-mailing spabooking.frnt@fusionresorts.com
- Spa treatments may be pre-booked for a maximum of 2 treatments per day. Additional treatments may be taken upon the completion of the first 2 and are subject to availability.
- Spa treatments may only be taken after check-in (starting from 2.00 pm) and must be completed by check-out (before 12 noon) on your day of departure.

HOURS OF OPERATION

- Maia Spa is open from 10.00 am to 10.00 pm daily.
- Our Fitness Center is open from 06.00 am to 10.00 pm daily.

SPA ARRIVAL

- Please arrive 10 minutes prior to your scheduled appointment time to complete consultation procedures. In the event of a late arrival, treatments must end at the scheduled time out of courtesy to our other guests.

SPA ATTIRE

- Robes, slippers, disposable underwear, towels, toiletries, lockers and showers are provided. You may prefer to remove hearing aids, eyeglasses or contact lenses for greater comfort.

HEALTH MATTERS

- If you experience high blood pressure, have a heart condition, allergies, or any other medical conditions, please inform our spa consultant.
- Please allow an hour between your last meal and your next spa treatment. Please also avoid coffee and alcohol before visiting us.
- For male guests wishing to experience the Gentleman's Facial, please leave at least two hours between shaving and your appointment to avoid skin irritation.

SPA AMBIANCE

- To maintain a relaxing environment, mobile phones and other electronic devices must be switched off or placed in silent mode.
- Children under the age of 14 may not use our spa services.
- Smoking is not permitted in spa facilities.

NO SHOW POLICY

- Unfortunately, no exchange, refund or transfer to other persons is permitted for unused spa treatments.



CLASSIC MANICURE (50'')

Perfect for well-maintained hands, our Classic Manicure includes cuticle work, hand cream & a light hand massage followed by nail shaping and a nail polish application with, CND colors.

CLASSIC PEDICURE (50'')

For well-maintained feet, we start with a soak in sea salt water followed by, cuticle work, moisturizinf cream, and a light foot massage followed by nail shaping and a nail polish application, with CND colors.

**SPA MANICURE (80'')
(COUNTS AS 2 TREATMENTS)**

Refresh with a tangy tropical symphony of essential oils courtesy of the the CND Citrus Spamanicure® product range. Our customized Spa Manicure aims to de-stress the hands and thoroughly nourish the nails with a relaxing soak and an exfoliating scrub, followed by a hand mask and a hydrating hand massage.

**SPA PEDICURE & CALLOUS SERVICE (80'')
(COUNTS AS 2 TREATMENTS)**

Designed to leave the feet feeling reborn, marine botanicals and sea salt are used to energize while menthol cools and relieves fatigue. Spa Pedicures offer a foot soak, exfoliating scrub, foot mask, and hydrating massage with massage oil, leaving the feet and heels soft and nourished and callus free.

**CND SHELLAC MANICURE OR PEDICURE (80'')
(COUNTS AS 2 TREATMENTS)**

Strong, flexible, with a brilliant long-lasting color, CND Shellac stays super shiny for weeks, perfect for pampered fingers every day, with no nail damage guaranteed! This treatment includes cuticle work, hand cream, and a light hand massage followed by nail shaping.

