



Minimal Allergen 7/28 Meal (Flight to Japan)

Premium Economy and Economy Class : Flights to Japan



1ST MEAL			
Route	Photo	Menu	Ingredients
North America/ Canada New York, Chicago, Boston, Seattle, Los Angeles, San Diego, San Francisco, Dallas, Vancouver routes Europe London, Paris, Frankfurt, Helsinki, Moscow routes Hawaii / Guam Honolulu, Kona, Guam routes Australia / Southeast Asia Sydney, Delhi, Bengaluru, Manila(include Night flights), Hanoi, Ho Chi Minh City(include Night flights), Bangkok(except Night flights), Singapore(except Night flights) Jakarta routes East Asia Hong Kong, Guangzhou, Shanghai(Pudong, Hongqiao), Beijing, Tianjin, Dalian, Taipei(Taoyuan, Songshan), Kaohsiung, Seoul(Gimpo) routes		(1)Fishburg with White Sauce	(1)Fish meat(Nemipterus virgatus), Starch(Potato, Sweet Potato, Sugar, Salt, Glucose, Fermented seasoning(Rice, Malted rice, Salt), Purified fish oil(DHA, EPA, Sardine fish oil), Amino acid, Onion, Mushroom, Starch(Sago plam), Lotus root, White stew roux(Palm oil, Rice powder, Glucose, Corn flour, Sugar, Starch(Potato), Cornstarch, Salt, Onion powder, Potato flakes, Yeast extract, Spices), carrot, Chinese Soup(Yeast extract, Salt, Onion extract, Black pepper, Beet syrup), Rapeseed oil, Beet sugar, Salt, Yeast extract, Vegetable consommé(Salt, Sugar, Yeast extract, Dextrin(Tapioca), Onion, “SHIITAKE” mushroom, Pepper, Trehalose)
		(2)Rice	(2)Non-glutinous rice.
		(3)Fresh garden salad	(3)Lettuce, Sunny lettuce, Cucumber, Tomamo, Lemon.
		(4)Pear jelly	(4)Pear juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C).
Korea Busan routes Europe Vladivostok routes		(1)Tapioca Bread with Raisins	(1)Shortening (Palm), White-sorghum powder, Beet sugar, Raisins, Salt, Starch (Sago palm, Tapioca), Trehalose, Foaming agent, Baking powder.
		(2)Green grape jelly	(2)Grape juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring.
		(3)Sweet potato cookie	(3)Beet sugar, Rapeseed oil, Sweet potato powder, Maple sugar, Salt, Starch (Sago palm), Baking soda.
REFRESHMENT			
Route	Photo	Menu	Ingredients
North America New York, Chicago, Boston, Seattle, Los Angeles, San Diego, San Francisco, Dallas routes Europe London, Paris, Frankfurt, Helsinki routes Australia / Southeast Asia Sydney, Melbourne, Bangkok(except NAGOYA/ KANSAI), Singapore, Kuala Lumpur, Jakarta routes		(1)Sweet potato cookie	(1)Beet sugar, Rapeseed oil, Sweet potato powder, Maple sugar, Salt, Starch (Sago palm), Baking soda.
2ND MEAL			
Route	Photo	Menu	Ingredients
North America New York, Chicago, Boston, Seattle, Los Angeles, San Diego, San Francisco, Dallas routes Europe London, Paris, Frankfurt, Helsinki routes Australia Sydney routes		(1)Boiled miso of white fish	(1)Blue grenadier, Radish, Rice miso (Rice, Salt), Beet sugar, Awa miso (Foxtail millet, Salt), Fermented seasoning (Rice, Malted rice, Salt), Ginger, Flavor seasonings (Dried bonito powder, “SHIITAKE” mushroom powder, Kelp powder), Thickener (Modified starch(Tapioca))
		(2)Rice	(2)Non-glutinous rice.
		(3)Green grape jelly	(3)Grape juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring.
Canada Vancouver routes Europe Moscow routes Hawaii Honolulu, Kona routes Southeast Asia Delhi, Bengaluru routes		(1)Tapioca Bread with Raisins	(1)Shortening (Palm), White-sorghum powder, Beet sugar, Raisins, Salt, Starch (Sago palm, Tapioca), Trehalose, Foaming agent, Baking powder.
		(2)Green grape jelly	(2)Grape juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring.
		(3)Sweet potato cookie	(3)Beet sugar, Rapeseed oil, Sweet potato powder, Maple sugar, Salt, Starch (Sago palm), Baking soda.
Night flights Melbourne, Bangkok, Singapore, Kuala Lumpur routes		(1)Fishburg with White Sauce	(1)Fish meat(Nemipterus virgatus), Starch(Potato, Sweet Potato, Sugar, Salt, Glucose, Fermented seasoning(Rice, Malted rice, Salt), Purified fish oil(DHA, EPA, Sardine fish oil), Amino acid, Onion, Mushroom, Starch(Sago plam), Lotus root, White stew roux(Palm oil, Rice powder, Glucose, Corn flour, Sugar, Starch(Potato), Cornstarch, Salt, Onion powder, Potato flakes, Yeast extract, Spices), carrot, Chinese Soup(Yeast extract, Salt, Onion extract, Black pepper, Beet syrup), Rapeseed oil, Beet sugar, Salt, Yeast extract, Vegetable consommé(Salt, Sugar, Yeast extract, Dextrin(Tapioca), Onion, “SHIITAKE” mushroom, Pepper, Trehalose)
		(2)Rice	(2)Non-glutinous rice.
		(3)Fresh garden salad	(3)Lettuce, Sunny lettuce, Cucumber, Tomamo, Lemon.
		(4)Pear jelly	(4)Pear juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C).

