

Minimal Allergen 7/28 Meal (Flight to Japan)

First and Business Class : Flights to Japan



1ST MEAL			
Route	Photo	Menu	Ingredients
North America/ Canada New York, Chicago, Boston, Seattle, Los Angeles, San Diego, San Francisco, Dallas, Vancouver, routes Europe London, Paris, Frankfurt, Helsinki, Moscow, Vladivostok routes Hawaii / Guam Honolulu, Kona, Guam routes Australia / Southeast Asia Sydney, Delhi, Bengaluru, Manila(include Night flights), Ho Chi Minh City(except Night flights), Bangkok(except Night flights), Singapore(except Night flights) routes East Asia Hong Kong, Guangzhou, Shanghai(Pudong, Hongqiao), Beijing, Tianjin, Dalian, Taipei(Taoyuan, Songshan), Kaohsiung, Seoul(Gimpo), Busan routes		(1)Fishburg with White Sauce	(1)Fish meat(Nemipterus virgatus), Starch(Potato, Sweet Potato, Sugar, Salt, Glucose, Fermented seasoning(Rice, Malted rice, Salt), Purified fish oil(DHA, EPA, Sardine fish oil), Amino acid, Onion, Mushroom, Starch(Sago plam), Lotus root, White stew roux(Palm oil, Rice powder, Glucose, Corn flour, Sugar, Starch(Potato), Cornstarch, Salt, Onion powder, Potato flakes, Yeast extract, Spices), carrot, Chinese Soup(Yeast extract, Salt, Onion extract, Black pepper, Beet syrup), Rapeseed oil, Beet sugar, Salt, Yeast extract, Vegetable consommé(Salt, Sugar, Yeast extract, Dextrin(Tapioca), Onion, "SHIITAKE" mushroom, Pepper, Trehalose)
		(2)Rice	(2)Non-glutinous rice.
		(3)Fresh garden salad	(3)Lettuce, Sunny lettuce, Cucumber, Tomamo, Lemon.
		(4)Pear jelly	(4)Pear juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C).
		(5)Sweet potato cookie	(5)Beet sugar, Rapeseed oil, Sweet potato powder, Maple sugar, Salt, Starch (Sago palm), Baking soda.
Night flights Melbourne		(1)Boiled miso of white fish	(1)Blue grenadier, Radish, Rice miso (Rice, Salt), Beet sugar, Awa miso (Foxtail millet, Salt), Fermented seasoning (Rice, Malted rice, Salt), Ginger, Flavor seasonings (Dried bonito powder, "SHIITAKE" mushroom powder, Kelp powder), Thickener (Modified starch(Tapioca))
		(2)Rice	(2)Non-glutinous rice.
		(3)Green grape jelly	(3)Grape juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring.
Southeast Asia Jakarta Night flights Bangkok(except NAGOYA/KANSAI), Singapore, Kuala Lumpur, Hanoi Ho Chi Minh City routes		(1)Tapioca Bread with Raisins	(1)Shortening (Palm), White-sorghum powder, Beet sugar, Raisins, Starch (Sago palm, Tapioca), Trehalose, Foaming agent, Baking powder.
REFRESHMENT			
Route	Photo	Menu	Ingredients
North America New York, Chicago, Boston, Seattle, Los Angeles, San Diego, San Francisco, Dallas routes Europe London, Paris, Frankfurt, Helsinki, Moscow routes Australia / Southeast Asia Sydney,Delhi, Bengaluru routes Bangkok(except Night flights), Singapore(except Night flights)		(1)Tapioca Bread with Raisins	(1)Shortening (Palm), White-sorghum powder, Beet sugar, Raisins, Starch (Sago palm, Tapioca), Trehalose, Foaming agent, Baking powder.
2ND MEAL			
Route	Photo	Menu	Ingredients
North America/ Canada New York, Chicago, Boston, Seattle, Los Angeles, San Diego, San Francisco, Dallas, Vancouver routes Europe London, Paris, Frankfurt, Helsinki, Moscow routes Australia / Southeast Asia Sydney, Delhi, Bengaluru routes		(1)Boiled miso of white fish	(1)Blue grenadier, Radish, Rice miso (Rice, Salt), Beet sugar, Awa miso (Foxtail millet, Salt), Fermented seasoning (Rice, Malted rice, Salt), Ginger, Flavor seasonings (Dried bonito powder, "SHIITAKE" mushroom powder, Kelp powder), Thickener (Modified starch(Tapioca))
		(2)Rice	(2)Non-glutinous rice.
		(3)Green grape jelly	(3)Grape juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring.
Hawaii Honolulu, Kona routes		(1)Tapioca Bread with Raisins	(1)Shortening (Palm), White-sorghum powder, Beet sugar, Raisins, Salt, Starch (Sago palm, Tapioca), Trehalose, Foaming agent, Baking powder.
		(2)Green grape jelly	(2)Grape juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring.
		(3)Sweet potato cookie	(3)Beet sugar, Rapeseed oil, Sweet potato powder, Maple sugar, Salt, Starch (Sago palm), Baking soda.
Night flights Melbourne, Bangkok, Singapore, Kuala Lumpur, Ho Chi Minh City, Hanoi routes Southeast Asia Jakarta		(1)Fishburg with White Sauce	(1)Fish meat(Nemipterus virgatus), Starch(Potato, Sweet Potato, Sugar, Salt, Glucose, Fermented seasoning(Rice, Malted rice, Salt), Purified fish oil(DHA, EPA, Sardine fish oil), Amino acid, Onion, Mushroom, Starch(Sago plam), Lotus root, White stew roux(Palm oil, Rice powder, Glucose, Corn flour, Sugar, Starch(Potato), Cornstarch, Salt, Onion powder, Potato flakes, Yeast extract, Spices), carrot, Chinese Soup(Yeast extract, Salt, Onion extract, Black pepper, Beet syrup), Rapeseed oil, Beet sugar, Salt, Yeast extract, Vegetable consommé(Salt, Sugar, Yeast extract, Dextrin(Tapioca), Onion, "SHIITAKE" mushroom, Pepper, Trehalose)
		(2)Rice	(2)Non-glutinous rice.
		(3)Fresh garden salad	(3)Lettuce, Sunny lettuce, Cucumber, Tomamo, Lemon.
		(4)Pear jelly	(4)Pear juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C).
		(5)Sweet potato cookie	(5)Beet sugar, Rapeseed oil, Sweet potato powder, Maple sugar, Salt, Starch (Sago palm), Baking soda.